

Covid-19 certificate and rapid testing.

We offer a rapid test station (rapid antigen test) in collaboration with “Hjemmelegene” in the tunnel at Koengen/ Bontelabo. The test station is open at August 27th from 09:00 – 18:00. The test is free of charge. In order to avoid unnecessary waiting time in the afternoon, we encourage you to book inside normal business hours. Those of you who cannot present a green Covid-19 certificate must book an appointment for a rapid test [HERE](#).

Please note that it takes 1 hour from the time you take the test until the result / certificate is updated.

Opening hours Sports Expo:

- Thursday August 26th at 09.00-20.00.
- Friday, August 27th at 09.00-20.00.
- Saturday August 28th at 06.30-14.30.

If you need a rapid Covid-19 test, Friday will therefore be the day you must complete the test and retrieve your start number.

Who has a green covid-19 certificate?

- Anyone who has received at least one vaccine dose at least three weeks before the race. (That is, the first vaccine dose no later than Saturday August 7th)
- Those who have been fully vaccinated
- Those who have had Covid-19 during the past six months.

If you do not meet the above criteria, you may take a free rapid Covid-19 test within the last 24 hours before for your race start. In the event of a negative test, you will receive a green Covid-19 certificate valid for the next 24 hours. Order rapid test [HERE](#).

We kindly ask you to check the status of your Covid-19 certificate in advance at helsenorge.no to verify that your certificate is green.

I have children who will participate in the children's race, do they have to test themselves?

No, but parents who are to accompany their children during the race must also have a green corona certificate and present this when collecting the start number.

We will participate in the relay, do all 10 participants have to present a green Covid-19 certificate?

At the relay, the team leader is responsible for checking the covid-19 certificate of the participants on the team. Each team member must present a valid certificate to their team leader before the start number is handed out to the runners. Those who do not have a green certificate must, in the same way as participants at the individual races, book a rapid test at our test station in order to get a green certificate before the race. The risk of 300 team leaders attending the sports expo versus 3,000 individual team members presenting their Covid-19 certificate for the organizers is the background for decision. This means that the arrangement is based on trust and we kindly request that the participants respect these guidelines.

What do I do if I do not have a smartphone, BankID or a Norwegian social security number?

If you do not have a smartphone, BankID or a Norwegian social security number, you must inform “Hjemmelegene” at the test station. They will provide you with a printed Covid-19 certificate.

How to use your corona certificate:

Please log in to helsenorge.no to check the status of your Covid-19 certificate is valid or not at least a few days before the venue. In order to be able to take part in the venue, you must be able to present a green control page of your Covid-19 certificate.

If you need a negative test to get a green Covid-19 certificate, you may order a test [HERE](#).

Your test results must be registered in MSIS before the results are updated in your Covid-19 certificate. Please check that your test result is updated in your covid-19 certificate well in advance of participation. The test is valid for 24 hours from the time of sampling.

To avoid queuing at the sports expo, please log in and find your certificate before you enter the sports fair to pick up your start number. If you do not have internet access, you may download a copy of the certificate to your phone or print it before leaving. WE RECOMMEND DOWNLOADING OR PRINTING!

The inspector scans the QR code on your Covid-19 certificate.

Support:

If you have questions regarding the booking system or testing, you may contact Hjemmelegene at hei@hjemmelegene.no or in the chat at hjemmelegene.no